

# UNIBREAK

YOUR WORLD. DISCOVER IT.

antipodeans  
ABROAD



UniBreak placements allow you to travel overseas, gain valuable personal & professional experience and make a modest contribution to a developing community. Placements run for 4 weeks or more and involve work in areas such as teaching, health work, care work, sports coaching, construction and conservation in some of the world's most beautiful and fascinating destinations.



## ASIA

**INDIA: Medical & Health Work, Teaching & Care Work**  
Departs: June, November & January, \$2890

Placements are based in the mountainous region of Palampur, or by the beautiful beaches of Goa. Teach English to local children, work in women's empowerment groups or use your skills and knowledge to provide health education and work in local hospitals and clinics.

**TIMORE LESTE: Health Work, Teaching & Construction**  
Departs: July, November & January, \$3295

Live and work in the newest nation in the world, right on our doorstep. Based in Dili, students can work on teaching English, sport and art in local primary schools. As well as helping with a construction project for the school. Health Science students (Physio & OT) can work at a rehabilitation hospital and also participate in their community rehabilitation program.

**BORNEO: Conservation & Teaching**  
Departs: January \$3375

Work and live alongside a rural Penan community where you can get involved in a local reforestation project and teach English in primary schools. Whilst there you'll have the chance to visit some of Borneo's last untouched forest, learn about the Penan culture, and see first-hand the effects logging have on the countryside and the people who live in it.

**THE MALDIVES: Teaching, Swimming Coaching, Health Work**  
Departs: June & January, \$2950

Teach basic English, maths and a variety of other subjects in the main island school alongside local Maldivian teachers. Make the most of the beautiful tropical landscape to coach sports such as swimming, rowing, football, volleyball and basketball and spend free time snorkelling, diving and windsurfing on some of the many beautiful islands.

**NEPAL: Teaching English, Care Work, Medical & Health Work**  
Departs: July, November & January, \$2690

Nepal provides a great opportunity for anyone looking to gain experience in teaching. Highly valuable health care placements are also available for those with suitable medical skills. Live with a local family in the capital, Kathmandu, or in Pokhara, at the foothills of the Annapurna mountain range.

**CAMBODIA: Teaching English, Health Education & Health work**

Various placements are available in Siem Reap working with a local NGO - English teaching in primary schools, health education in local villages and health work in small clinics. In your spare time, explore the ancient ruins of Angkor Wat and immerse yourself in the fascinating Cambodian culture.

**CHINA: Teaching English (1 or 6 months)**  
Departs: August & Jan - 1 month \$TBC 6 months \$5550

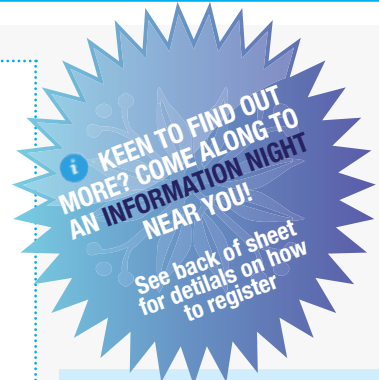
Live and work for one month in China's beautiful Guangxi province teaching English and sports in a local school. There is also an option to spend 6 months in China where you can carry out a TEFL course and then put theory into practice teaching English in a Chinese school for the next 6 months while getting paid!



## SOUTH AMERICA

**PERU: Teaching, Building**  
Departs: November \$3350

Live near Cusco in the Sacred Valley - the gateway to the Andes and trek the Inca Trail to Machu Picchu! You have the opportunity to teach a mix of English to children aged 4-14 in local schools, plus assist in some building projects. In Peru you will live with a local family, learn Spanish and spend your weekends exploring the city and beyond.



'In the end, it's not going to matter how many breaths you took, but how many moments took your breath away; India, you've taken my breath away each & every day. I will never be the same again.'

Laura Peg, India

### WHY TRAVEL WITH US?

- Over 20 years experience working with students overseas
- Students always travel in groups
- Tertiary aged students
- Local In-Country-Partners supervise placements
- 24-hour back up and support
- Sustainable projects
- Pre-departure workshops



'Living and working in a different culture is the experience of a lifetime. If you expect nothing, you will gain everything. It's exhilarating.'

Sarah Parker, Nepal





# AFRICA

**KENYA: Building, Conservation, Teaching**  
**Departs: January, \$3250 (2012 price)**

In Kenya, you have the chance to work on rotation on a number of different projects - assist with basic construction for local schools or in local villages; teach English and sport to local kids; help with environmental conservation work; and visit Kenya's world-renowned animal parks.

**ZAMBIA: Teaching, Health Work**  
**Departs: January, \$2955**

Live and work in a vibrant community centre in Eastern Zambia. Teach English in the community school for disadvantaged children. Health students will be involved in health education and work at the local HIV counselling centre.

**GHANA: Teaching English, Care work, Health Work**  
**Departs: November & January, \$2650**

Teach English and health education in local schools or orphanages, live with a host family and get to know the friendly and welcoming Ghanaian people. Health students can also gain valuable insight and experience working as volunteers in hospitals and clinics.

**MOZAMBIQUE: Marine conservation & care work**  
**Departs: January, \$TBC**

Spend your time researching whale sharks, turtles, dolphins, and reef fish on a conservation project and teach classes at a local orphanage. Staying in a shared volunteer guesthouse right near the beach you will enjoy all the highlights of Mozambique's tropical coastal lifestyle.



# TESTIMONIALS

"Thank you Antipodeans Abroad for all the hard-work you put in behind the scenes organising our arrival and keeping us on track and safe while we were away. I know our parents were reassured by the constant updates leaving us free to enjoy the experience and the independence! The trip was amazing & I would highly recommend Antipodeans Abroad & more specifically the Maldives to anyone who wants a different travel experience. You will be challenged along the way but it was all so worth it!"

**Lauren Hansen, UNSW, The Maldives**

"Go on a UniBreak trip with a positive mind, and openly embrace anything and everything that comes your way. Do not let anything hold you back because you will only live once! Get to know the people as they are the loveliest and kindest people I have ever met. This trip had its ups and downs for me, but I will never trade it for anything and I am so glad I did it. It definitely made me appreciate everything that we have back home. I would definitely go back (or to other developing countries) to help when I have more experience in my field.

Thank you Antips for making the whole trip run so smoothly. All the pre-departure emails, briefings, phone calls, facebook groups were extremely helpful. I am very thankful that the trip was arranged in a way that we had other people in our group as well, so we had time to spend as a group. In addition, we had lots of support from the group and our ICP. Saying goodbye to the group as well as my host family was one of the hardest things for me in Nepal!" **Jocelyn Tan, University of Queensland, Nepal**

"It should come as no surprise that we returned different people: a little more patient, understanding, and grateful to be lucky enough to be born into a country that provides us with opportunities that most take for granted. Despite only spending a short amount of time in India, there is a small part of us that remains there. So quickly, it became our home. My final memory of the Antips group was sitting around in a circle on the grass, cup of chai in hand. 'So guys,' one began, looking each of us in the eye, grinning, 'Goa. This time. Two years. Whatcha say?' I'm excited." **Mei Turnbull, Ballarat University, India**



## WHAT'S INCLUDED?

- Full pre-departure preparation
- Fundraising assistance
- Flight recommendations
- Visa & vaccination advice
- Training workshops
- In-country orientation & support
- Transfers & transport
- Accommodation
- Meals
- Fully researched and established volunteer project
- Local inclusions (eg. language lessons, safari)
- 24 hour back-up & support

Please note, date and prices are current as of January 2013, but may be subject to change. All prices are quoted in Australian Dollars (AUD).

## INFORMATION NIGHTS HELD IN THE FOLLOWING LOCATIONS:

- MELBOURNE
- CANBERRA
- BRISBANE
- SYDNEY
- PERTH
- ADELAIDE
- HOBART
- AUCKLAND
- ONLINE

\* For all dates and times, please go online to : [www.antipodeans.com.au](http://www.antipodeans.com.au)

## Information Nights

Regular Information Nights are held in Australian & New Zealand capital cities, and online for rural or remote students. These are excellent nights to attend to find out more about the exciting destinations available during your UniBreak. For details of the next Information Night near you, please visit our website at [www.antipodeans.com.au](http://www.antipodeans.com.au) or call (02) 9413 1522.

## Online Application

To apply online please visit our website [www.antipodeans.com.au](http://www.antipodeans.com.au). To ensure we match you with the best possible placement, we will call you once we've received your online application. From here you can then send in your booking form and deposit. You can also call us on (02) 9413 1522 if you have any further questions.

## More Information

For more information please feel free to call us on (02) 9413 1522 to request a free Information Pack, or email [explore@antipodeans.com.au](mailto:explore@antipodeans.com.au). Also make sure you become part of our Facebook community at:

[facebook.com/Antipodeans.Abroad](https://www.facebook.com/Antipodeans.Abroad)